

Hitter/ Setter/ Libero Overnight Camp

Hosted by UW-La Crosse Volleyball

Training during this camp is like that of the Eagle Volleyball Team with individual development through skill improvement and competition. There will be individualized instruction followed by classroom sessions to engage the student of the game. Players will take what they learn from training and classroom sessions and incorporate those skills into competitive play.

Setters will learn and train setting techniques and tactics, practice the leadership skills that are essential to be a successful, winning setter

Outside/Rightside/Middle will learn and train attacking, passing, and blocking techniques, practice shots and attacking tendencies that will improve your hitting percentage

Libero/Defensive Specialist will learn and train serve receive, defense, and ball control techniques with a focus on the premier skill of reading.

Each camper will be housed on campus with meals provided in our Student Union. Overnight camps include dinner on the first day through breakfast on the last day. Commuters have dinner on the first day and lunch and dinner on the second day.

Dates: July 19-21

Times: 1:00PM Check-in

Day 1 2:30PM- 8:30PM Day 2 9:30AM-8:30PM Day 3 9:00AM-1:30PM

Cost: Overnight: \$295 prior to June 15

\$315 after June 15

Commuter: \$275 prior to June 15

\$295 after June 15

Grades: 8-12 & Incoming UWL First

Years

Location: Mitchell Hall Gyms

Coaches: Head Coach Amber Dunn

Assistant Coaches & Athletes







Hitter/ Setter/ Overnight Camp

Registration Form July 19-21 Check in at 1:00PM

Overnight: \$295 early bird registration

\$315 after June 15

Commuter: \$275 early bird registration

\$295 after June 15

Please print clearly. We cannot process incomplete registrations. All information requested must be provided.

| Participant's Full Name: | | | Grad Year: Age: |
|--|--|--|---|
| High School: | Coach's Name: | | Coach's Email: |
| Club Name: | Coach's Name: | | Coach's Email: |
| Primary Position: | | Secondary Position: | |
| Earned Accolades: | | | |
| Dietary Restrictions: | | | |
| Address: | | City/ State/ Zip: | |
| Emergency Contact Name: | Emergency Phone: | | |
| Email (necessary for confirmation and c | camp communication): | | |
| Special needs for participant(s): | | | |
| | | closed: \$ | |
| | | ade payable to: <i>UW-La Cros</i> | se |
| | UW-La Crosse 25 1 | eturn form to: e Athletic Camps & Clinics A Mitchell Hall 725 State St. trosse, WI 54601 | |
| notified in writing prior to camp. officers, agents, and employees incurred, or required arising out | By signing this form, I ag s from any and all liability, of the actions of my depo | gree to hold harmless a , loss, damages, costs, endent in the course of | a participant list unless camp director is and indemnify UW-La Crosse, their or expenses which are sustained, the camp. I authorize that any medical, on my dependent if I cannot be reached in |
| Parent/Guardian Signature: | | | Date: |