

2018 Hitter/Setter/Libero Position Camp Hosted by UW-La Crosse Volleyball

Learn from UWL Volleyball Players and 2017 WIAC Coach of the Year, Amber Dunn!

Welcome to the University of Wisconsin-La Crosse First Touch / Defensive Specialty Camp! Quality instruction on defense & serve receive will be provided by UWL Volleyball coaching staff and players. The camp will be focused on providing a high volume of repetitions of passing & defensive skills, such as digging & serve receive. Specific skills covered will include: <u>serve receive</u>, <u>individual defense</u>, <u>overhead digging</u>, <u>playing the second ball</u>, <u>serving</u>, & <u>learning how to properly dive</u> and make <u>emergency/recovery moves</u>. Camp staff will model the importance of correct body positioning, eye-sequencing and floor quickness. While this camp will greatly benefit defensive specialists and liberos, it is not limited to just those players. The First Touch/Defensive Specialty Camp is a valuable experience for all volleyball players, regardless of position.

Dates:	July 26, 2018
Times:	9:30AM – 4:00PM *Lunch provided on campus Check-in 9:00-9:30am
Cost:	\$105 thru June 17 \$120 after June 17 All registrations include a camp gift! Walk-in's welcome – camp gift not guaranteed
Grades:	7 – 12 (grade entering fall 2018)
Location:	Mitchell Hall Gyms UW-La Crosse Campus
What to Bring:	Athletic Attire, Water Bottle, Knee Pads & Court Shoes, Healthy Snacks





A camp store will be available during registration, between sessions, and at the conclusion of camp. UWL Volleyball apparel and accessories will be available for purchase. Be sure to take advantage and grab some awesome UWLVB gear!

Visit UWICAMPS.COM for online registration, printable registration, and more information!

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REGISTRATION FORM

Please print clearly. We cannot process incomplete registrations. All information requested must be provided.

Participant's Full Name:		Grade:	Affiliated Club:	
Primary Position:	_ Secondary Position:		Have You Visited UWL Campus/Date:	
Please List Any Volleyball Awards:				
Second Participant's Full Name:		Grade: _	Affiliated Club:	
Primary Position:	_ Secondary Position:		Have You Visited UWL Campus/Date:	
Please List Any Volleyball Awards:				
Address:				
City/State/Zip:				
Emergency Contact Name:				
Phone #1:		Phone #2:		
Email (necessary for confirmation and camp communication):				
Special needs for participant(s):				
Amount Enclosed: \$				
Check enclosed, made payable to: UW-La Crosse				

Return form to: UW-La Crosse Athletic Camps & Clinics 25A Mitchell Hall 1725 State St. La Crosse, WI 54601

WAIVER: Registration implies permission for photos, publicity and inclusion in a participant list unless camp director is notified in writing prior to camp. By signing this form, I agree to hold harmless and indemnify UW-La Crosse, their officers, agents, and employees from any and all liability, loss, damages, costs, or expenses which are sustained, incurred, or required arising out of the actions of my dependent in the course of the camp. I authorize that any medical, surgical, diagnostic and hospital procedures may be performed by a physician on my dependent if I cannot be reached in the event of an emergency.

Parent/Guardian Signature: _

Date: _

Visit UWICAMPS.COM for online registration and more information!